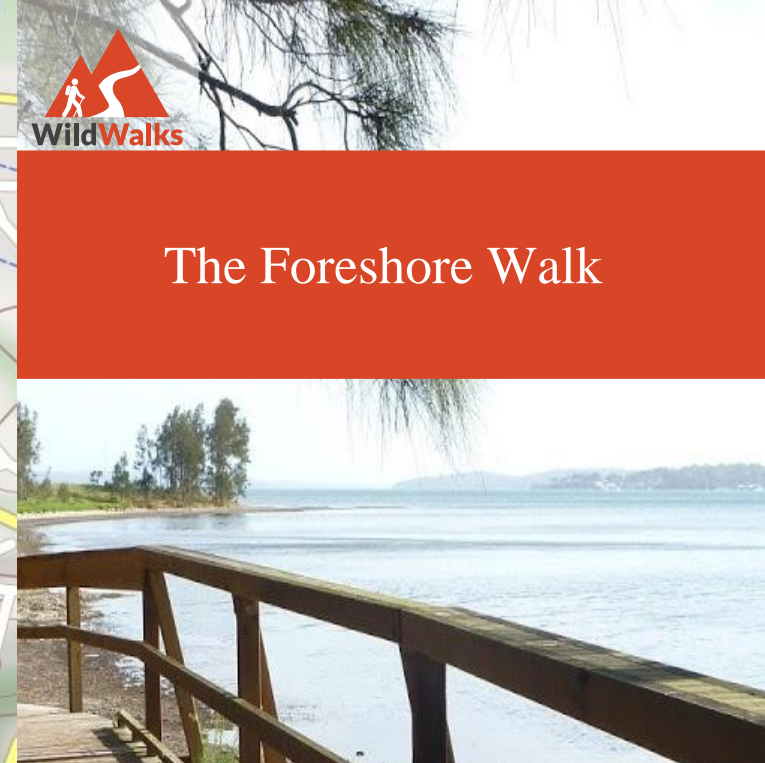
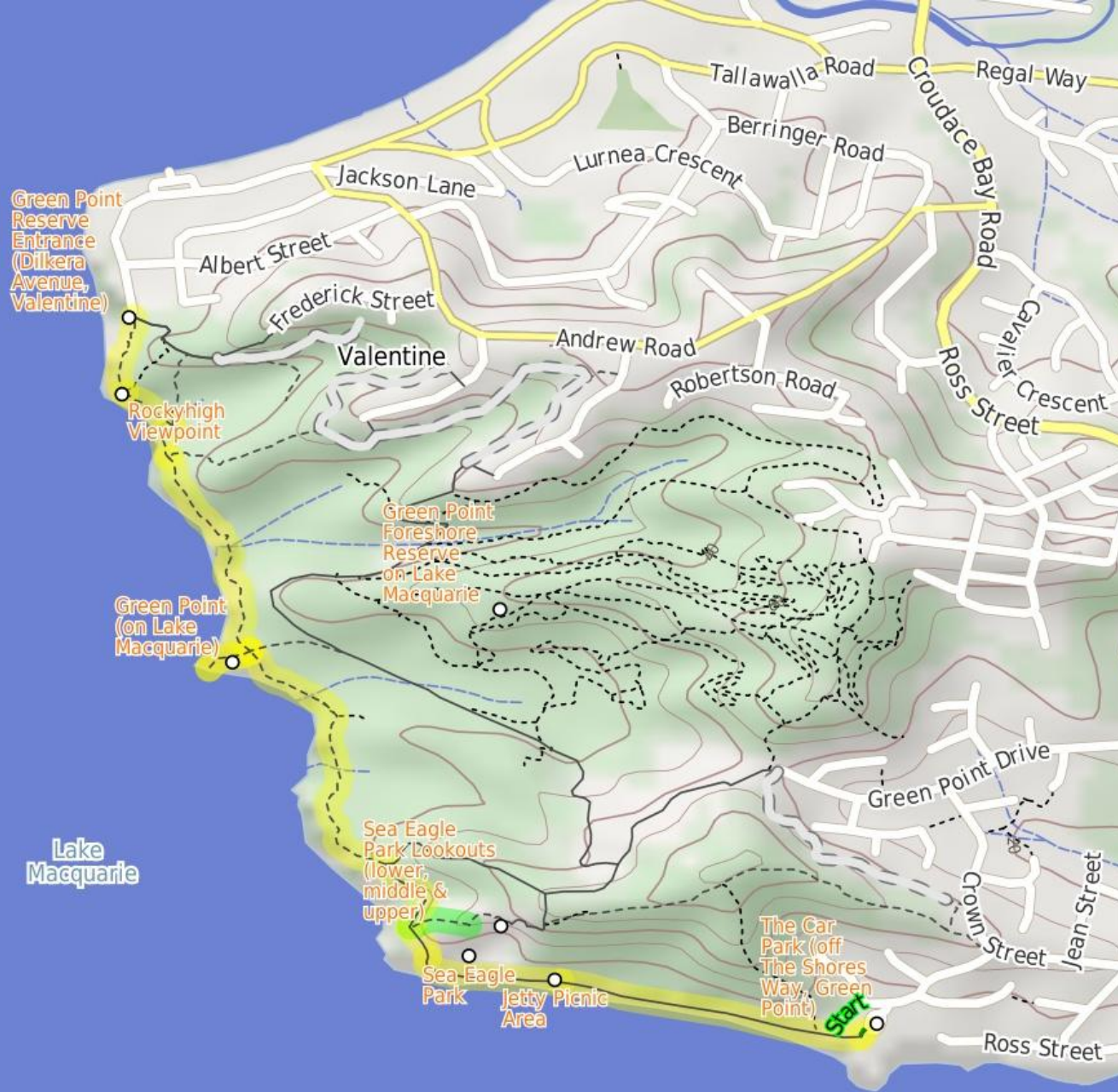


The Foreshore Walk



1 hr 15 mins

Hard track

2.9 km One way

▲ 81m



This walk traverses the coastline of the Green Point reserve. By following a variety of tracks and occasionally traveling inland through eucalyptus forest, this walk visits both Jetty and Sea Eagle picnic areas, Green Point itself and Rocky-high viewpoint. When looking into the waters of Lake Macquarie, keep a lookout for sea grass meadows and historical middens under the water. A thoroughly recommended walk, which will possibly require a car shuffle at the start of the walk.

24m

Green Point Foreshore Reserve on Lake Macquarie

The Green Point Foreshore Reserve on Lake Macquarie is a great place for a bush walk, bicycle or picnic. The Green Point Foreshore reserve offers many historical and environmentally interpretative signs along its multi use pathways. There is an unformed foreshore pathway beside Lake Macquarie, or more physically demanding walks away from the lake foreshore and into rainforest. Historically, the Green Point area was involved in a coal rush from the 1860's. This coal rush was spearheaded by the Cardiff Coal Company. Coal was proposed to be transported by barge to Threlkeld's old wharf at Reid's Mistake (Swansea Heads) for shipping to Sydney. However, the coal was poor quality 'boiler coal' and used mostly for steamer boilers. This coal rush finished in 1870. Timber was also milled on site after the coal rush. The Lake Macquarie Council is undergoing extensive rehabilitation works to improve the area for recreation. For more information contact the Lake Macquarie Visitor Information Centre on (02) 4921 0740 [More info](#).

Shores Way Car Park (off The Shores Way, Green Point)

The Shores Way park entrance and car park is a great place to start a walk within the Green Point Foreshore Reserve on Lake Macquarie. The park entrance offers a toilet, a water tap, seating and plenty of car parking. There are attractive grass slopes here dropping into the water, that make a fine spot to have a picnic.

Jetty Picnic Area

The Jetty Picnic area in the Green Point Foreshore Reserve on Lake Macquarie offers a public jetty, a sheltered picnic table, seating, a drinking fountain and historical interpretative signs. The historical signs detail the 'timber getting' period from 1860, with the timber used to build jetty's, pit prop for coal mining, ships and boats. There is also an historical sign detailing 'The Cardiff Coal Company', which mined coal out of Green Point during a minor coal rush.

Sea Eagle Park

Sea Eagle Park in Green Point Foreshore Reserve on Lake Macquarie is a large grassed picnic area, with a toilet, sheltered picnic tables, water from a tap and gas/electric barbeque's. This picnic area is particularly good for larger family group, for there is room to play ball games or just sit and look at the views. The short walk up to the Sea Eagle Lookouts is recommended for the commanding views south towards Swansea.

Before You walk

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an enjoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast ([BOM Hunter District](#))
- 2) Fire Dangers ([Greater Hunter](#))
- 3) Park Alerts ()
- 4) Research the walk to check your party has the skills, fitness and equipment required
- 5) Agree to stay as a group and not leave anyone to walk solo

Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

- T** Take adequate supplies of food, water, navigation and first aid equipment.
- R** Register your planned route and tell friends and family when you expect to return.
- E** Emergency beacon (PLB's) should be carried on walks with significant gaps in mobile coverage (check terrain profile).
- K** Keep to your planned route and follow the map and walking trails.

Topo Maps

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

1:25 000 Map Series:92314N SWANSEA

1:100 000 Map Series:9231 LAKE MACQUARIE

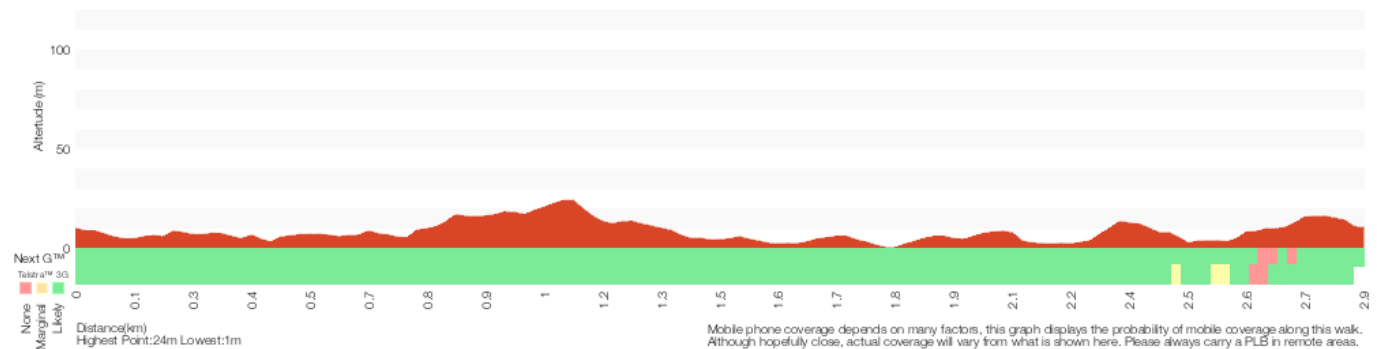
Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is determined by the highest classification along the whole track.



Grade 4/6
Hard track

Length	2.9 km One way
Time	1 hr 15 mins
Quality of track	Formed track, with some branches and other obstacles (3/6)
Signs	Minimal directional signs (4/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)



Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to The Shores Way Car Park (gps: -33.0299, 151.6421) by car or bus. Car: There is free parking available.

You can get back from Int of Foreshore Track & Dilker Ave Reserve Entrance (gps: -33.0139, 151.6288) by car or bus. Car: There is free parking available.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/tfw>

0 | Green Point Foreshore Reserve on Lake Macquarie

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0 | The Car Park (off The Shores Way, Green Point)

The Shores Way park entrance and car park is a great place to start a walk within the Green Point Foreshore Reserve on Lake Macquarie. The park entrance offers a toilet, a water tap, seating and plenty of car parking. There are attractive grass slopes here dropping into the water, that make a fine spot to have a picnic.

0 | The Shores Way Car Park

(550 m 10 mins) From the car park(on The Shores Way, Green Point), this walk heads towards the lake past the toilet block and along the footpath for 25m, to a four-way intersection with a 'Welcome to Green Point Foreshore Reserve' sign (on the right).

Turn right: From the intersection, this walk follows the shared concrete cycle/footpath gently downhill, while keeping the Shores Way car park on your right and the water on your left. This walk continues, undulating for about 500m, until coming to the Jetty picnic area on the right and jetty on your left.

0.55 | Jetty Picnic Area

The Jetty Picnic area in the Green Point Foreshore Reserve on Lake Macquarie offers a public jetty, a sheltered picnic table, seating, a drinking fountain and historical interpretative signs. The historical signs detail the 'timber getting' period of Green Point from 1860, with the timber used to build jetties, pit prop for coal mining, ships and boats. There is also an historical sign detailing 'The Cardiff Coal Company', which mined coal out of Green Point during a minor coal rush.

0.55 | Jetty Picnic Area (Green Point Foreshore Reserve)

(260 m 5 mins) Continue straight: From the Jetty Picnic Area, this walk follows the footpath gently uphill, while keeping the lake on your left. This walk continues for about 260m, until coming to a three-way intersection with a track and the Sea Eagle Park on your right.

0.8 | Sea Eagle Park

Sea Eagle Park in Green Point Foreshore Reserve on Lake Macquarie is a large grassed picnic area, with a toilet, sheltered picnic tables, water from a tap and gas/electric barbeque's. This picnic area is particularly good for larger family group, for there is room to play ball games or just sit and look at the views. The short walk up to the Sea Eagle Lookouts is recommended for the commanding views south towards Swansea.

0.8 | Int of Foreshore Track & Sea Eagle Park

(80 m 2 mins) Continue straight: From the intersection, this walk follows the footpath gently uphill, while keeping Sea Eagle Park on your right. This walk continues for about 70m, until coming to a three-way intersection with a track and 'Lookout' sign on your right and a 'Getting about at Green Point' sign on your left.

0.89 | Optional sidetrip to Lower Lookout (Sea Eagle Park)

(110 m 2 mins) Turn right: From the intersection, this walk heads up timber steps, directly away from the face of the 'Getting about at Green Point' sign. This walk continues gently uphill, with occasional timber steps (and passing a seat) for about 110m, until coming to the Lower Lookout above Sea Eagle Park (on the right). At the end of this side trip, retrace your steps back to the main walk then Turn right.

0.89 | Sea Eagle Park Lookouts (lower, middle & upper)

These three lookouts (lower, middle and upper lookouts) are above Sea Eagle Park in Green Point Foreshore Reserve on Lake Macquarie and give great views across Lake Macquarie towards Swansea. The upper lookout has a picnic table in the shade behind the lookout, which gives relief on a hot day. The upper lookout also a picnic table at the lookout, offering fabulous views to the south. Each of these lookouts has a bench seat and interpretative signs. White Bellied Sea Eagles have been known to nest nearby and are often seen flying in the area.

0.89 | Int of Foreshore AND Lookout Tracks

(190 m 4 mins) Continue straight: From the intersection, this walk follows the 'Rainforest Boardwalk 1130m' sign and footpath gently downhill and keeping the 'Getting about at Green Point' sign on your left. This walk continues, undulating for about 180m, until coming to a three-way intersection, with a gently downhill gravel track on the right and the concrete footpath continuing to the right.

1.08 | Int of Foreshore & Green Point Drive Tracks

(750 m 14 mins) Turn left: From the intersection, this walk follows the gently downhill gravel track and timber steps, while leaving behind the concrete footpath and 'Green Point Drive' sign. This walk continues, undulating moderately steeply (ignoring side tracks) through open eucalyptus forest and with occasional short sections of timber boardwalk, for about 600m, until crossing over a timber footbridge by the lake and coming to the open grassy area of Green Point.

Turn left: From the intersection, this walk follows the track towards Green Point (and the water), while leaving the forest directly behind you. This walk continues for about 60m, passing across grasslands and towards a small clump of She Oak trees, until coming to the lake edge and Green Point.

1.83 | Green Point (on Lake Macquarie)

Green Point in the Green Point Foreshore Reserve on Lake Macquarie is a large grassed area which looks out over Lake Macquarie. From the vantage point of Green Point, a walker can see up and down Lake Macquarie. There are often boats passing by this low headland. This is a fabulous place to have a picnic and there is even a clump of She Oak trees by the water for shade. There are no facilities here, other than the open grassed area.

1.83 | Green Point

(630 m 13 mins) Turn around: From Green Point (by the lake and small clump of She Oak trees), this walk follows the track across grasslands and towards the forest. This walk continues for about 60m, until coming to a four-way intersection with a track and forest ahead.

Turn left: From the intersection, this walk follows the track, while keeping the lake and water on your left. This walk continues for about 210m, then passes over a timber boardwalk and bridge (with good views over the lake). Then this walk continues for about 160m through forest before climbing gently up and down timber steps. After a further 60m, this walk climbs gently up eroded timber steps, then after another 60m, comes to a track (on the right) as you are walking down timber steps.

2.46 | Int of Fore Shore & Coast Tracks

(90 m 2 mins) Continue straight: From the intersection, this walk follows the timber steps gently downhill, while keeping the lake on your left. This walk continues through forest for about 35m, to find a timber boardwalk and bridge (with views of the lake). Then this walk continues for about 20m, climbing up timber steps and following a track for a further about 50m, until coming to a three-way intersection, with a track and 'mangrove seed symbol' signed timber post (on the right).

2.55 | Int of Fore Shore AND Short Cut Tracks

(120 m 2 mins) Veer left: From the intersection, this walk follows the track while initially keeping the 'mangrove seed symbol' signed timber post on the right and lake on the left. This walk continues for about 90m, undulating gently, to climb moderately steeply up timber steps (with a metal ring fence). This walk continues for 20m until coming to Rockyhigh Viewpoint, with a bench seat (on the right) and views over the lake (on the left).

2.66 | Rockyhigh Viewpoint

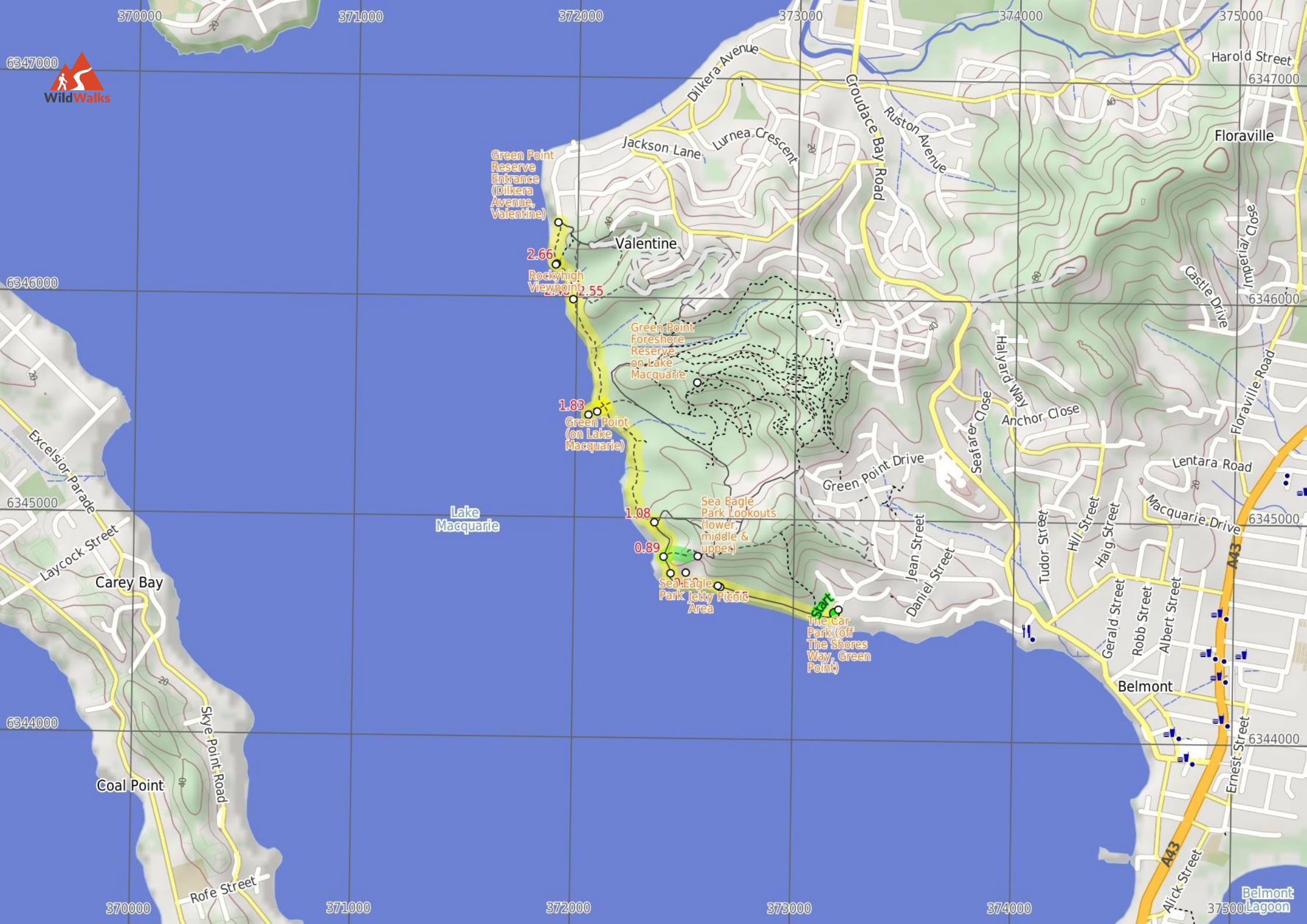
The Rockyhigh Viewpoint (near Dilker Avenue, Valentine) has elevated views across Lake Macquarie. There is a bench seat perfectly located to enjoy the views. This viewpoint is magnificent at sunset; a local secret.

2.66 | Rockyhigh Viewpoint

(210 m 4 mins) Continue straight: From Rockyhigh Viewpoint, this walk follows the track moderately steeply downhill (beside a metal ring fence), while keeping the water on your left. This walk continues for about 190m, undulating gently through forest, until coming to a T-intersection with a concrete footpath and 'Welcome to Green Point Fore Shore Reserve' sign (on the right)(Dilker Ave is visible directly ahead).

2.87 | Green Point Reserve Entrance (Dilker Avenue, Vale)

The Dilker Avenue entrance (in Valentine) to Green Point Foreshore Reserve offers access to both walking and bicycling paths. There is car parking and a large grassed park overlooking Lake Macquarie, a great spot to sit or have a picnic. A short walk away in the Green Point Reserve is Rockyhigh Viewpoint over Lake Macquarie, which is fabulous at sunset.



Green Point Reserve Entrance (Dilkera Avenue, Valentine)

2.66
Rockyhigh Viewpoint 2.55

1.83
Green Point (on Lake Macquarie)

1.08
0.89

Sea Eagle Park Lookouts (lower, middle & upper)

Sea Eagle Park Jetty Picnic Area

Start
The Car Park (off The Shores Way, Green Point)

Lake Macquarie

Belmont Lagoon

Summary navigation sheet for the The Foreshore Walk



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
0.00	The Shores Way Car Park -33.0299,151.6421 (GR Swansea, 732446)	10 -13	550 m 10 mins	From the car park(on The Shores Way, Green Point), this walk heads towards the lake past the toilet block and along the footpath for 25m, to a four-way intersection with a 'Welcome to Green Point Foreshore Reserve' ...
0.55	Jetty Picnic Area (Green Point Foreshore Reserve) -33.0288,151.6365 (GR Swansea, 727447)	9 -6	260 m 5 mins	Continue straight: From the Jetty Picnic Area, this walk follows the footpath gently uphill, while keeping the lake on your left.
0.80	Int of Foreshore Track & Sea Eagle Park -33.0283,151.6341 (GR Swansea, 724447)	6 -1	80 m 2 mins	Continue straight: From the intersection, this walk follows the footpath gently uphill, while keeping Sea Eagle Park on your right.
0.89	Int of Foreshore & Lookout Tracks -33.0276,151.6338 (GR Swansea, 724448)	16 0	110 m 2 mins	Optional sidetrip to Lower Lookout (Sea Eagle Park). Turn right: From the intersection, this walk heads up timber steps, directly away from the face of the 'Getting about at Green Point' sign.
0.89	Int of Foreshore AND Lookout Tracks -33.0276,151.6338 (GR Swansea, 724448)	11 -3	190 m 4 mins	Continue straight: From the intersection, this walk follows the 'Rainforest Boardwalk 1130m' sign and footpath gently downhill and keeping the 'Getting about at Green Point' sign on your left.
1.08	Int of Foreshore & Green Point Drive Tracks -33.0262,151.6333 (GR Swansea, 724450)	8 -32	750 m 14 mins	Turn left: From the intersection, this walk follows the gently downhill gravel track and timber steps, while leaving behind the concrete footpath and 'Green Point Drive' sign.
1.83	Green Point -33.0218,151.6301 (GR Swansea, 721455)	22 -15	630 m 13 mins	Turn around: From Green Point (by the lake and small clump of She Oak trees), this walk follows the track across grasslands and towards the forest.
2.46	Int of Fore Shore & Coast Tracks -33.017,151.6294 (GR Swansea, 720460)	1 -5	90 m 2 mins	Continue straight: From the intersection, this walk follows the timber steps gently downhill, while keeping the lake on your left.
2.55	Int of Fore Shore AND Short Cut Tracks -33.0163,151.6295 (GR Swansea, 720461)	6 -1	120 m 2 mins	Veer left: From the intersection, this walk follows the track while initially keeping the 'mangrove seed symbol' signed timber post on the right and lake on the left.
2.66	Rockyhigh Viewpoint -33.0156,151.6286 (GR Swansea, 719462)	8 -7	210 m 4 mins	Continue straight: From Rockyhigh Viewpoint, this walk follows the track moderately steeply downhill (beside a metal ring fence), while keeping the water on your left.